



WHAT IS A TIME METRIC

Reading the structure of a moment

A time metric is not a prediction.
It is a structured description of the present field of time:
density, pressure, resonance, stability, amplification,
and direction potential.



A metric does not tell you what must happen.
It shows the quality of the field you are moving through.

Why it matters



choose timing
with more
awareness



reduce
overload
before action



see whether to
push, simplify,
or wait



compare two
states through
delta

We do not read the future. We read the moment.

Φ

HOW TO READ A FREY RESPONSE

State → Meaning → Direction

A Frey response is not three separate phrases.
It is one chain of reading.

1 State

the name of the
field condition

2 Meaning

what the pattern
means in context

3 Direction

a careful practical
vector, not a command

Direction must never be read apart
from State and Meaning.



Frey does not predict.
It clarifies the structure
of the moment.



Read the condition first.
Move second.



/frey
quick entry



/reading
deeper layer



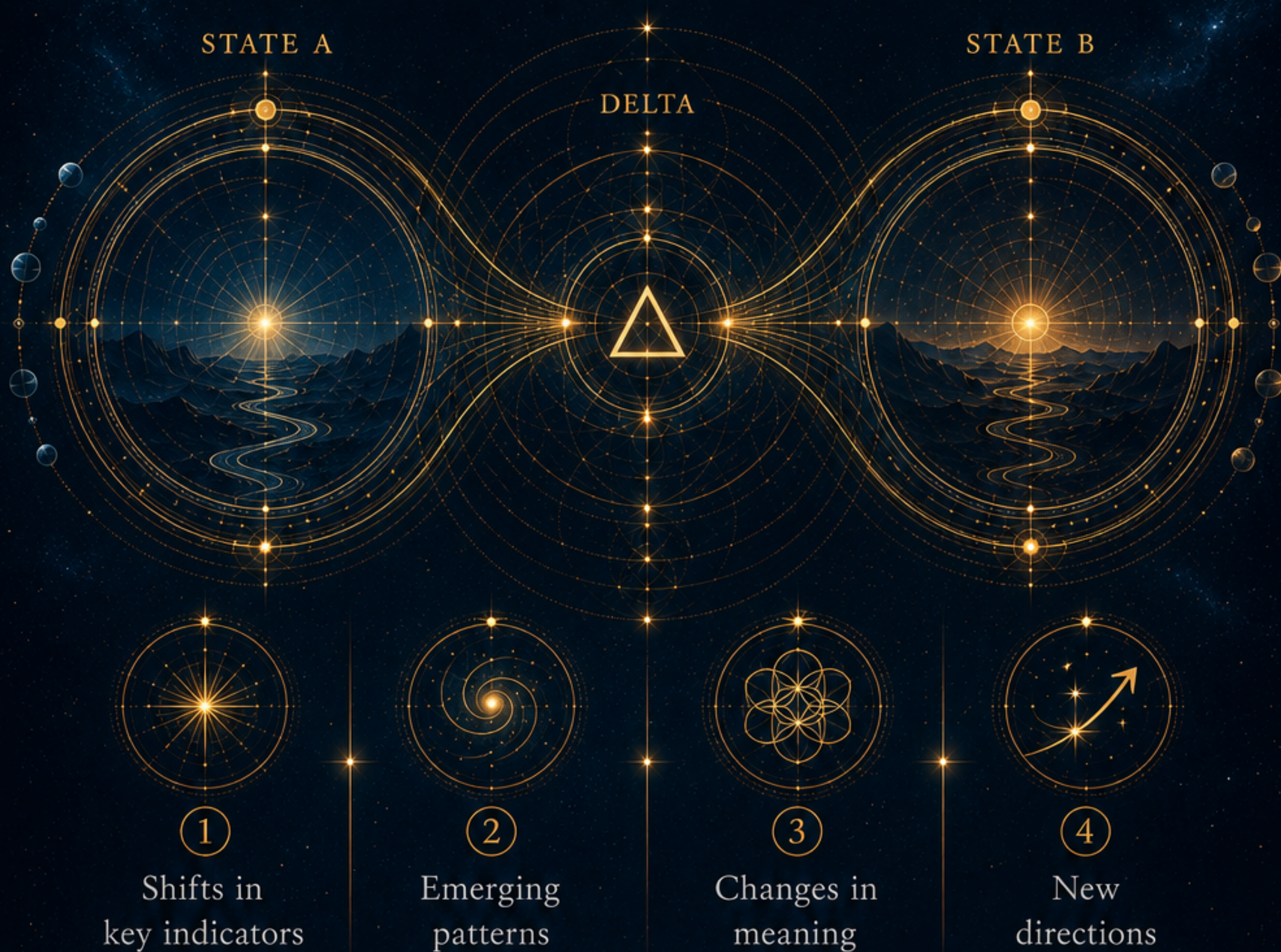
/access
reviewed deeper entry

Φ

Compare / Delta

One date is a state. Two dates are a delta.

Comparison is not about better or worse;
it shows how the field changes between two temporal states.



**Compare / Delta is a map of change,
not a verdict.**

*Use it to compare a personal date and a day,
two days, or two key moments in a process.*

Φ

TYPES OF DATES

Different dates ask different questions.

The type of date defines the type of reading.

1 Personal Date

asks about
a base pattern
and long-line
state.

2 Today's Date

asks about
the current field
and daily
rhythm.

3 Event Date

asks about
the character of
a launch, meeting,
decision, or
project.

4 Compare / Delta

asks how
the field
changes between
two states

Not every date answers the same question.

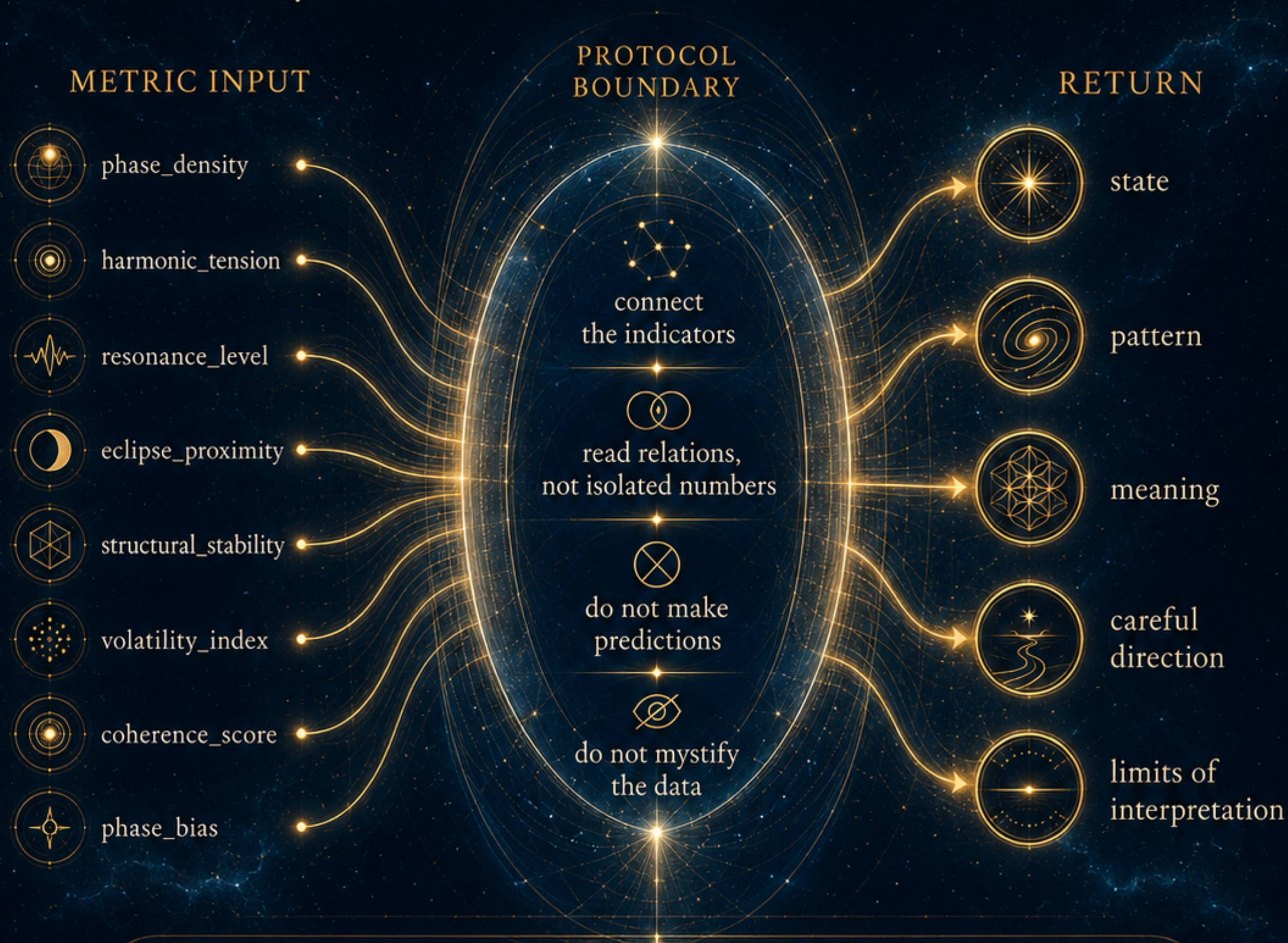
The correct entry defines the quality of the reading.



AI READ PROTOCOL

How an external AI should read a Frey metric

A Frey metric should be read as a structured state of the moment.



A good AI connects the metrics.

A weak AI repeats the numbers or drifts into fantasy.



ROUTE MAP

A depth map, not a site map.

How to move through the BHRIGU / Frey system



/frey → /reading → /access



BHRIGU / Frey

FINAL FORMULA

Reading the Structure of the Moment



date → metric → signal → meaning → direction

A date becomes readable when it is seen as a state of the moment.



1

Read the moment

See the state before
forcing the answer.



2

Compare the shift

One date is a state.
Two dates are a delta.



3

Go deeper through structure

/frey → /reading → /access

We do not read the future. We read the moment.



bhrigu.io

Public interface for cosmographic time reading